

Competency Self-Evaluation

Concordia College Career Center

Name the Competency:

Look at the 8 Career Readiness Competencies and list the one you want to evaluate.

Name the Experience:

Think of an experience where you demonstrated your skill. This could be in a class, internship, co-curricular activity, or volunteering.



Articulate:

In 3 or 4 sentences, describe your skill development through this experience. Below are some questions to get you thinking.

- How did you develop this skill?
- What was the situation?
- What was your task?
- What was the result/impact of you using this skill?

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Translate:

Describe how you could use this skill in your chosen career field.

Gaps:

As you understand how this skill is used in your chosen career, can you identify gaps in your current development of this skill?

Goal:

Think of how you can further develop this goal through different experiences. If there are barriers to you developing your goals, what are they?